

# FOR EXCHANGE, STUDY ABROAD, WORK TERMS, OR TRAVEL ABROAD PROVINCIAL HEALTH CARE INFORMATION

## CANADIAN STUDENTS:

*\* Please be aware that the travel coverage offered through your health and dental plan is dependent on your provincial coverage being in place for the duration of your travel.*

Most provinces require you to **extend your provincial coverage** or **provide notice of absence** if you are outside of the province for a set amount of time. Please be sure to contact your provincial health provider to inquire about travel restrictions and extending your coverage.

Your provincial coverage is based on your home province, and not necessarily the province in which you are living while you attend school. Please refer to your **provincial health card** to determine what province you need to contact.

## INTERNATIONAL STUDENTS:

*\* Please be aware that the travel coverage offered through your health and dental plan is dependent on your provincial coverage, or equivalent being in place for the duration of your travel.*

### DSU INTERNATIONAL HEALTH PLAN:

There **are restrictions** to the travel coverage offered by the DSU International Health Plan and you may be required to apply for an extension of coverage. It is highly recommended that you obtain **written confirmation** from the DSU Health Plan Office that this coverage will be in effect during the entire trip duration.

### DSU INTERNATIONAL COMPANION PLAN & MSI:

If you have **opted out** of the DSU International Health Plan with MSI, you were **automatically enrolled** onto the Companion Plan. **MSI does not provide you any coverage outside the province of Nova Scotia.** However, the Companion Plan provides you with 31 days of coverage outside the province of Nova Scotia. Coverage under the Companion cannot be extended beyond 31 days.

If you plan to travel for longer than 31 days, you will be required to purchase **additional travel coverage.**

### PRIVATE COVERAGE:

If you have your own private coverage, there **may be restrictions** to the travel coverage offered by your plan. It is highly recommended that you obtain **written confirmation** from your health plan provider that this coverage will be in effect during the entire trip duration.

### HOME COUNTRY:

If you are travelling to your home country, please **contact** the DSU Health Plan Office for more details before you leave. There **are restrictions in coverage** while visiting your home country under the DSU International Health Plan and the DSU Companion Plan.

*\* Please Note: Information is subject to change without notice*

## APPLYING FOR EXTENSION OF PROVINCIAL HEALTH COVERAGE:

Please note, you may need to meet specific requirements to qualify for an extension of coverage (i.e. must have been a resident of your home province for at least 6 months).

**IF YOU FAIL TO CONTACT YOUR PROVINCE, YOU MAY RISK TERMINATION OF COVERAGE.**

PROVINCE	EMAIL / WEBSITE	TELEPHONE	NOTES
Alberta	✉ health.ahcipmail@gov.ab.ca	1-780-427-1432	Restrictions for study work and travel outside of AB. Extension required
British Columbia	✉ mspenquiries@hbc.gov.bc.ca	1-800-663-7100	Restrictions for study and travel. Documentation is required. Extension required
Manitoba	✉ InsuredBen@gov.mb.ca	1-800-392-1207	Restrictions for study and travel. Documentation is required. Extension required
New Brunswick	✉ Medicare@gnb.ca	1-888-762-8600	Restrictions for study and travel. Documentation is required. Extension required
Newfoundland	✉ healthinfo@gov.nl.ca	1-709-729-4984	Restrictions for study and travel. Documentation is required. Extension required
Nova Scotia	✉ MSI@medavie.ca	1-800-563-8880	Restrictions for study and travel. Documentation is required. Extension required
Northwest Territories	✉ hsa@gov.nt.ca	1-800-661-0830	Restrictions for study and travel. Documentation is required. Extension required
Nunavut	✉ nhip@gov.nu.ca	1-867-645-8001	Must contact for extension and absence information.
Ontario	🖱 <a href="https://www.ontario.ca/page/ohip-coverage-across-canada">https://www.ontario.ca/page/ohip-coverage-across-canada</a>	1-866-532-3161	Restrictions for study and travel. Documentation is required. Extension required
Prince Edward Island	🖱 <a href="https://www.princeedwardisland.ca/en/information/health-pei/out-of-province-medical-services-non-emergency">https://www.princeedwardisland.ca/en/information/health-pei/out-of-province-medical-services-non-emergency</a>	1-800-321-5492	Notice to PEI health of absence required.
Quebec	🖱 <a href="https://www.ramq.gouv.qc.ca/en/citizens/absence-quebec">https://www.ramq.gouv.qc.ca/en/citizens/absence-quebec</a>	1-418-646-4636	Restrictions for study and travel. Documentation is required. Extension required
Saskatchewan	✉ change@ehealthsask.ca	1-800-667-7551	Restrictions for study and travel. Documentation is required. Extension required
Yukon	🖱 <a href="http://www.hss.gov.yk.ca/yhcup-coverage.php">http://www.hss.gov.yk.ca/yhcup-coverage.php</a>	1-867-667-5209	Restrictions for study and travel. Documentation is required. Extension required

*\*This information is a brief summary only and subject to change without notice. Please ensure you call or visit your provincial health provider to confirm details.*

**NEED ASSISTANCE?**



✉ dsuhealth@dal.ca

📞 902-494-2850

📍 Located in basement of the SUB