

Your free international student health and wellness. mobile app. Scan the QR Code below to download now and access health insurance, campus services, your plan card and more.













Financial







available 24/7 across Canada for students and their dependants.

I.M. Well includes counselling. nutritional and financial coaching, legal advice, cognitive behavioural therapy and more.

Connect with I.M. Well through livechat, video-chat and telephone via the Crisis Support Student VIP mobile app or directly by calling 1-833-398-9040.





### **KEY THINGS YOU SHOULD KNOW ABOUT YOUR PLAN**

### **REVIEW YOUR COVERAGE**

Your insurance does not cover everything! Review your benefits before using the plan. There are limits and exclusions to your coverage.

#### YOUR HEALTH PLAN CARD

will be e-mailed to you and also available on the website for download 24/7. You need to present this card when seeing the doctor to avoid paying out of pocket.



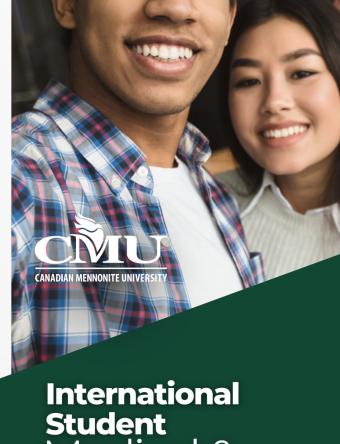
Scan the QR Code to get your card

### **FAMILY COVERAGE**

You can opt-in your eligible family members for coverage during the opt-in period online at studentvip.ca/CMU

An additional fee applies for family coverage.





# Medical & Wellness Plan

FOR INTERNATIONAL STUDENTS ENROLLED AT CANADIAN MENNONITE UNIVERSITY

Policy Year: 2024-2025

Policy Number: 10210A

POWERED BY:



studentVIP

studentvip.ca/CMU



1-888-918-5056 info@studentvip.ca

www.studentvip.ca/CMU

Need Help? Use the Live Chat feature on our website

### VIRTUAL HEALTH CLINIC

The Virtual Health Clinic provides students with immediate medical care through virtual visits with nurse practitioners **for free.** 

The Virtual Health Clinic offers comprehensive care including:

- Diagnosing illnesses or injuries
- Prescribing medication
- Referring for x-rays and lab tests
- Referring to specialists
- Providing follow up results, referrals and care as needed

### What to use the Virtual Health Clinic for:

- Sore throat
- Ear infection
- Sinus infection
- Cough
- Cold & Flu
- Rashes
- Birth Control Consultations

- Acne
- Bladder Infections
- Headaches
- Stomach Issues
- Allergies
- Weight
- Sexual Health Advice

And much more!

### GET ACCESS TO THE VIRTUAL HEALTH CLINIC NOW.

DOWNLOAD THE FREE APP.

- 1. Download Cleveland Clinic Express Care
- 2. Create an account
- 3. Service Key: CMU



### **International Student**Health Plan Summary

100% coverage up to \$5,000,000 CDN per year (unless otherwise stated)

This policy covers pre-existing medical conditions

MEDICAL & WELLNESS		
Doctor / Surgeon / Specialist	100% up to \$5,000,000	
Hospital - Emergency Room	100% up to \$5,000,000	
Hospitalizations / Inpatient	100% up to \$5,000,000	
Annual Physical Check-Up	100% up to \$5,000,000	
Diagnostic Imaging such as X-rays, MRI, CT Scans	100% up to \$5,000,000	
Diagnostic Testing such as lab work	100% up to \$5,000,000	
Sexual Health Testing	100% up to \$5,000,000	
Acne Consultations	100% up to \$5,000,000	
Wart Treatment	100% up to \$500	
Eye Exam	100% up to \$100	
Prescription Drugs	100% up to a 60-day supply for emergency medications only	
Diabetic Supplies	100% up to \$500	
Asthma Supplies	100% up to \$500	
Immunizations	100% up to \$100 per vaccine	
Medical Equipment & Supplies Rental of crutches, wheelchair, splints, canes and more	100% up to \$5,000,000	
Eyeglasses / Hearing Aids / Orthotics due to injury	100% up to \$400 per benefit	
Leg Brace due to injury	100% up to \$1,000	
Home Care Nursing	100% up to \$15,000	
Physiotherapist, Chiropractor, Licensed Chiropodist, Massage Therapist, Osteopath, Podiatrist, Acupuncturist, Speech Therapist, or Naturopath, Occupational Therapist	100% up to \$1,000 per licensed & registered practitioner after an injury or illness has occurred	

EMERGENCY DENTAL		
Accidental Dental	Emergency Pain Relief	Wisdom Tooth Extraction
100% up to \$4,000	100% up to \$1,000	100% up to \$100 / tooth

This is a summary of coverage only. Additional benefits are available in the policy found online including limits and exclusions. If there are discrepancies between this document and the Policy, the Policy shall govern.

#### **PREGNANCY & MATERNITY**

Benefits are covered 100% up to \$25,000 combined

Maternity	Visits to the doctor, ultrasounds and other pre-natal medical care. Only eligible if pregnancy has commenced within 30 days of the policy start date.
	Visits to the doctor or hospital if you suffer from a

pregnancy miscarriage.

Miscarriage

MENTAL HEALTH		
Psychologist, Psychiatrist and	100% up to \$10,000 (lifetime)	
Psychotherapist (including trauma counselling)	Due to an emergent condition and/or physician referral	
Hospitalization	100% up to \$60,000 (lifetime)	
	Due to a mental health issue or disorder	
Inpatient Psychiatry	100% up to \$60,000 (lifetime)	
	Due to a mental health issue or disorder	
Social Worker	100% up to \$500	

	TRANSPORTATION			
Ambulance	Air Ambulance	Taxi or Uber in lieu of ambulance	Repatriation	Emergency Family Travel
100% up to \$10,000	100% up to \$300,000	100% up to \$125	100% up to \$20,000	100% up to \$5,000

TRAVEL	
Within Canada	Your coverage is active anywhere in Canada.
Outside of Canada	Coverage outside of Canada is subject to 120 days. Home Country 30 days and only for academic related purposes.

ACCIDENT	
Accidental Death	100% up to \$50,000
Tutorial Services	100% \$20hr/\$400 max
Common Carrier Death	100% up to \$100,000
Corrective device defect, theft or malfunction	100% up to \$1,000



## WANT MORE INFORMATION ABOUT YOUR COVERAGE?

#### Scan the QR Code

to learn more about your coverage