

# What are your Student Health & Dental Benefits?

Prescription drugs, extended health, dental, travel & accident coverage that fills the gaps in your provincial health care. Built specifically for you by the Acadia Students' Union.

## Who is covered?

All students paying full time fees in September & January, in addition to Spring B.Ed and Summer PhD. Students. Please note there are eligibility exceptions.

For more info or to opt-in dependants, please visit: [www.ASUSUPPORTS.ca](http://www.ASUSUPPORTS.ca)

## How much does it cost?

If eligible, your Health & Dental Benefits fee is automatically included in your tuition. \$398.50 covers a single student from September 1, 2024 - August 31, 2025.

## Already have coverage?

Great! You can opt-out during the designated opt-out period at [studentvip.ca/asu](http://studentvip.ca/asu)

## Keep in Mind:

You can combine both plans to get up to 100% coverage. Your alternative insurance may not be as comprehensive, or it may stop covering you if you are a part-time student over 21, or full-time student over 25.

## When can I opt-in/out?

Fall Opt-In/Opt-Out: August 16 - September 30, 2024

Winter Opt-In/Opt-Out: December 16 - January 31, 2025

Spring Opt-In/Opt-Out: April 16 - May 31, 2025



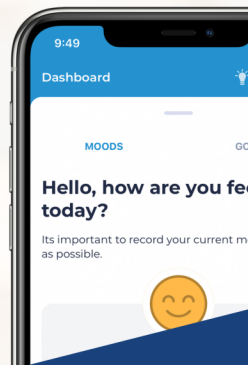
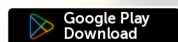
# I.M. Well

**I.M. Well is a free mental health and wellness program available 24/7 across Canada for students and their dependants.**

I.M. Well includes counselling, nutritional and financial coaching, legal advice, cognitive behavioural therapy and more. Counselling is available in over 180 languages.

Connect with I.M. Well through live-chat, video-chat and telephone via the Student VIP mobile app or directly by calling **1-833-398-9040**.

Use the QR Code below to  
**Download Now**



**ASU SUPPORTS**

# Your Student Health & Dental Benefits

HEALTH & DENTAL BENEFITS BY MEDAVIE BLUE CROSS™

POLICY YEAR: 2024-2025

POLICY NUMBER: 0099091000

POWERED BY:



ASUSUPPORTS.CA



[info@studentvip.ca](mailto:info@studentvip.ca)



[tanya.comeau@acadiau.ca](mailto:tanya.comeau@acadiau.ca)



1-888-918-5056



902-585-2167



301A Acadia Students' Centre  
30 Highland Ave.  
Wolfville, NS B4P 2R5

[www.asusupports.ca](http://www.asusupports.ca)

Need Help? Use the Live Chat feature on our website

## Get your money faster!

Download the **FREE** Medavie Mobile App today!

- Submit claims
- Check your account balance
- Find a health professional
- Add Direct Deposit information for immediate reimbursement



## Dental Coverage

Your Benefits give you plenty of reasons to smile. Your coverage includes exams, cleanings, fillings, root canal therapy, extractions, anesthesia, and more!

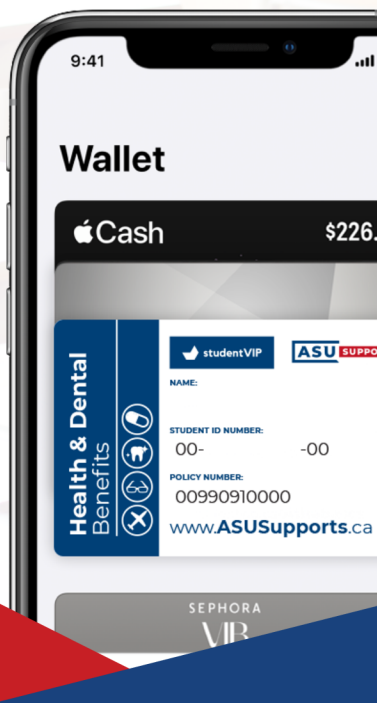
For direct billing, just make sure you have your benefits card with you

## Travel Coverage

Your Health & Dental Plan provides 365 days of worldwide medical coverage. Explore your plan, so you can explore the world with peace of mind.

## YOUR BENEFITS CARD IS WITH YOU WHEREVER YOU GO!

Scan the QR code to download your Health & Dental Benefits card to Apple Wallet or Google Play.



## Your Student

### Health & Dental Plan Highlights

For complete benefits information, visit [www.ASUSupports.ca](http://www.ASUSupports.ca)

Only health, dental & accident costs incurred in Canada are eligible for coverage.

PRESCRIPTION MEDICATION		
Drug maximum of \$3,250 per benefit year per insured		
	Generic Medication	Brand Medication
<b>Direct2U Prescriptions or Pharmasave \$10 dispensing fee cap</b>	<b>90%</b>	<b>90%</b>
Other Pharmacies \$10 dispensing fee cap	70%	70%
PRACTITIONER COVERAGE		
Psychologist / Social Worker (MSW) / Psychotherapist	100%	\$100 maximum per visit, \$700 combined / benefit year
Chiropractor Osteopath Podiatrist / Chiropodist Speech Therapist Occupational Therapist Physiotherapist * Massage Therapist * Dietitian / Nutritionist	100%	\$30 / visit maximum, \$300 per practitioner / benefit year  <i>*Prescription required for first RMT and physiotherapy claim submission each benefit year</i>
Naturopath	100%	\$50 / visit, \$300 / benefit year
Custom Foot Orthopedic Shoes	50%	\$250 / benefit year
VISION COVERAGE		
Frames, Lenses, Contacts	100%	\$175 / 24 months
Eye Exams		\$100 / 24 months
Maximum \$10,000 per benefit year per insured for prescription drugs, extended health care benefits, and vision care combined.		
DENTAL COVERAGE		
Dental maximum of \$650 per benefit year per insured		
Examinations, Radiographs, Preventative and Minor Restorative <i>X-Rays, Cleanings, Fillings</i>	100%	Recall Exams - 1 every 6 months
Major Restorative Crowns	80%	
Endodontics	10%	
Periodontics <i>Excess Scaling</i>	10%	Scaling in excess of 4 Units. Maximum of 8 Units per Benefit Year
Extractions <i>Removal of Teeth</i>	50%	
ACCIDENT & LIFE COVERAGE		
Maximum: \$5,000 / benefit year		
TRAVEL COVERAGE		
365 Days*, \$2 Million per incident, lost baggage coverage, trip cancellation coverage.		
<i>*If provincial health care or private insurance (international students) are in force for entire trip duration</i>		



What do *you* need help with today?

Explore a suite of virtual health & wellness services available across Canada.

Visit the Direct2U Virtual Health Hub today.

## Prescription Medication

Your benefits make it quick and easy to get your prescription medication.

Bring your prescription and your benefits card to Pharmasave or use Direct2U Prescriptions to take advantage of discounted prescription prices and dispensing fees.



### DRUG COVERAGE:

Direct2U Prescriptions/Pharmasave	90%
Other Pharmacies	70%

## Where can I use my health plan?

Find providers in your area that offer direct-billing and student discounts using the Provider Search Tool. Visit [www.ASUSupports.ca](http://www.ASUSupports.ca) and choose your location and desired service.

**Your coverage works all across Canada!**

## WANT MORE INFORMATION ABOUT YOUR COVERAGE?



### Scan the QR Code

to learn more details about your coverage, or ask a question from our plan experts.

*This is a summary of coverage only.*

*Additional information is available in the policy found online including limits and exclusions. Should there be discrepancies between this document and the Policy, the Policy shall govern.*