

VIRTUAL HEALTH CLINIC

The Virtual Health Clinic provides students with immediate medical care through virtual visits with nurse practitioners **for free.**

The Virtual Health Clinic offers comprehensive care including:

- Diagnosing illnesses or injuries
- Prescribing medication
- Referring for x-rays and lab tests
- Referring to specialists
- Providing follow up results, referrals and care as needed

WHAT TO USE THE VIRTUAL HEALTH CLINIC FOR:

- Sore throat
- Ear infection
- Sinus infection
- Cough
- Cold & Flu
- Rashes
- Birth Control Consultations
- Acne
- Bladder Infections
- Headaches
- Stomach Issues
- Allergies
- Weight
- Sexual Health Advice

And much more!

GET ACCESS TO THE VIRTUAL HEALTH CLINIC NOW. DOWNLOAD THE FREE APP.

1. Download Cleveland Clinic Express Care
2. Create an account
3. Service Key: **DCSA**



I.M. Well

I.M. Well is a free mental health and wellness program available 24/7 across Canada for students and their dependants.

I.M. Well includes counselling, nutritional and financial coaching, legal advice, cognitive behavioural therapy and more.

Connect with I.M. Well through live-chat, video-chat and telephone via the Student VIP mobile app or directly by calling **1-833-398-9040.**



Therapy



Financial



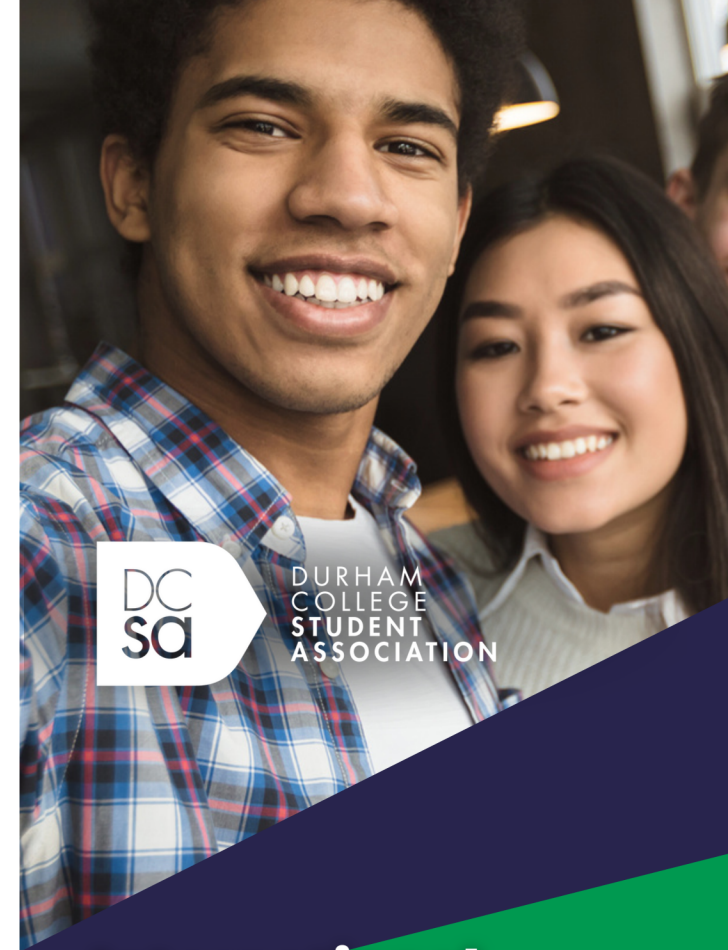
Nutritional



Crisis Support



cCBT



International Student Medical & Wellness Plan

FOR INTERNATIONAL STUDENTS ENROLLED AT DURHAM COLLEGE

POLICY YEAR: 2024-2025

POLICY NUMBER: 99755

POWERED BY:



studentVIP

STUDENTVIP.CA/DCSA

 **studentVIP**



DURHAM COLLEGE STUDENT ASSOCIATION



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1-888-918-5056



905-721-1609 x 3984

www.studentvip.ca/DCSA

Need Help? Use the Live Chat feature on our website

When do I get my health plan card?

Your plan card will be e-mailed to you after your studies begin. You can also download your plan card on the website or Student VIP mobile app.



Scan the QR Code to get your Plan card

Add your family to your coverage

You can opt-in your eligible family members for coverage during the opt-in period online at studentvip.ca/DCSA. An additional fee of \$597.61 applies for family coverage.

Your plan doesn't cover everything.



Scan the QR Code to learn more about your coverage

International Student Health Plan Summary

100% coverage up to \$1,000,000 CDN per year
(unless otherwise stated)

MEDICAL & WELLNESS	
Doctor / Surgeon / Specialist	100% up to \$1,000,000
Hospital - Emergency Room	100% up to \$1,000,000
Hospitalizations / Inpatient	100% up to \$1,000,000
Diagnostic Imaging such as X-rays, MRI*, CT Scans	100% up to \$1,000,000 *MRI limit \$2,500 / year
Lab Tests such as blood work *Some Exclusions may apply	100% up to \$1,000,000
Annual Physical Check-Up	Covered every 12 months
Immunizations	100% up to \$150 per vaccine

MENTAL HEALTH	
Psychologist, Psychiatrist	100% up to \$10,000 (lifetime) Due to an emergent condition and/or physician referral
Hospitalization	100% up to \$60,000 (lifetime) Due to a mental health issue or disorder

PREGNANCY & MATERNITY	
Benefits are covered 100% up to \$25,000 combined	
Maternity	Visits to the doctor, ultrasounds and other pre-natal medical care. Only eligible if pregnancy has commenced within 30 days of the policy start date.
Termination	1 pregnancy termination (abortion) per policy year.

TRANSPORTATION & TRAVEL		
Travel in Canada	Travel Outside of Canada	Repatriation
Covered across Canada.	Covered up to 120 days. May be extended beyond 120 days if you are on academic-related travel. See policy for full details.	100% up to \$20,000

This is a summary of coverage only. Additional benefits are available in the policy found online including limits and exclusions. If there are discrepancies between this document and the Policy, the Policy shall govern.

Health Care Roadmap

All post-secondary students paying full-time fees in September, January and May are automatically enrolled in the Health & Dental Benefits Plan. The fee is added to your student account.

Your Health & Dental Plan is for services like:



Prescription Drugs (Medication)



Physiotherapy, Chiropractor & more



Dentist Visits



Accident Coverage



Eye Exams, Glasses & Contact Lenses

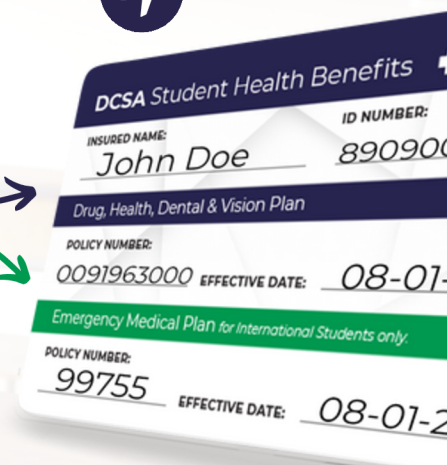


Travel Coverage

Health & Dental Benefits Policy Information

International Student Medical & Wellness Policy Information

HELPFUL TIP:
Download your plan card directly to your phone's wallet for easy access.



All International students studying at Durham College are automatically on the plan and the fee is added to your student account.

Your International Health Plan is for services like:



Doctor Visits



Hospitalization



X-Rays



And More



Lab Tests