

# A free mental health & wellness program

available 24/7 across Canada for students and their dependants.

I.M. Well includes counselling, nutritional and financial coaching, legal advice, cognitive behavioural therapy and more.

Connect with I.M. Well through livechat, video-chat and telephone via the Student VIP mobile app or directly by calling **1-833-398-9040**.







## Scan the QR Code to **Download Now**







# Crisis Support



### Your insurance does not cover everything!

Review your benefits before using the plan.



## VISIT THE MEMBER PORTAL

To submit claims and access more details about your benefits.

#### YOUR HEALTH PLAN CARD

## Scan the QR Code to get your card.

Present this card to the doctor or hospital to avoid paying out of pocket.



#### **FAMILY COVERAGE**

You can opt-in your eligible family members for coverage during the opt-in period online. Additional fees apply.

# WANT MORE INFORMATION ABOUT YOUR COVERAGE?

## Scan the QR Code

to explore your benefits, services and find a direct-billing provider.







1-888-918-5056

info@studentvip.ca

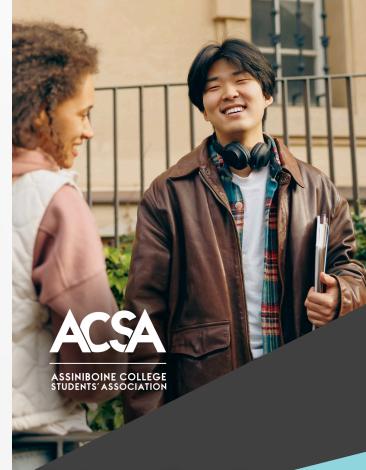
ASSINIBOINE COLLEGE STUDENTS' ASSOCIATION

204-725-8710 accsa@assiniboine.net

ACSA Office (Room 413) 1430 Victoria Ave East, Brandon, MB R7A 2A9

www.studentvip.ca/ACSA

Need Help? Use the Live Chat feature on our website



# International Student Medical & Wellness Plan

FOR INTERNATIONAL STUDENTS ENROLLED AT ASSINIBOINE COLLEGE

POLICY NUMBER: 09401A

POWERED BY:



studentvip.ca/ACSA 2025-2026

# **International Student**Health Plan Summary

Coverage is 100% up to an Overall Policy Maximum of \$5,000,000/Policy Year/Insured.

Select benefits are subject to specific coverage limits and maximums as noted.

This policy covers pre-existing medical conditions.

Medical & Wellness	
Doctor, Surgeon, Specialist	100% up to \$5,000,000
Hospital - Emergency Room/Outpatient	100% up to \$5,000,000
Hospital - Inpatient (Semi- Private)	100% up to \$5,000,000
Annual Physical Check-Up	100% up to \$5,000,000
Diagnostic Imaging - CT Scans, MRI, X-Rays	100% up to \$5,000,000
Diagnostic Testing - Lab Work, Blood Work	100% up to \$5,000,000
Sexual Health Testing	100% up to \$5,000,000
Wart Treatment	100% up to \$500
Eye Exam	100% up to \$100
Prescription Drugs	100% up to a 60-Day Supply for Emergency Medications Only
Diabetic Supplies	100% up to \$500
Asthma Supplies	100% up to \$500
Vaccines	100% up to \$100/Vaccine (Excludes Travel Vaccines)

Emergency Dental		
Accidental	Emergency Pain	Wisdom Tooth
Dental	Relief	Extraction
100% up to	100% up to	100% up to
\$4,000	\$1,000	\$100/Tooth

This is a summary of coverage only. Additional benefits are available in the policy found online, including limits and exclusions. If there are discrepancies between this document and the Policy, the Policy shall govern.

#### **Paramedical**

Licensed & Registered; Acupuncturist, Chiropodist, Chiropractor, Massage Therapist, Naturopath, Occupational Therapist, Osteopath, Physiotherapist, Podiatrist, Speech Therapist

100% up to \$1,000/Practitioner after an Injury or Illness has occurred

Pregnancy & Maternity	
Combined Maximum of \$25,000	
Pregnancy & Complications	Initial visit to confirm pregnancy, and all subsequent prenatal and postnatal visits, ultrasounds, and physician and facility delivery charges.
Pregnancy Termination	Visits to the doctor or hospital if you suffer from a pregnancy miscarriage. Only 1 elective pregnancy termination (abortion) is covered.

Mental Health	
Psychiatrist, Psychologist, and Psychotherapist (including Trauma Counselling)	100% up to \$10,000/Lifetime
Psychiatric Hospitalization	100% up to \$60,000/Lifetime Due to a mental health issue or disorder
Social Worker	100% up to \$500

Transportation & Related Expenses	
Ground Ambulance	100% up to \$10,000
Taxi in lieu of Ambulance	100% up to \$125
Repatriation (Death, Illness, Injury)	100% up to \$20,000
Emergency Family Travel to Bedside	100% up to \$5,000 for Airfare (Up to \$1,500 for additional expenses relating to family travel)
Burial or Cremation	100% up to \$20,000

Accident	
Aggregate limit \$1,250,000	
Accidental Death	100% up to \$50,000

Travel	
Within Canada	Your coverage is active anywhere in Canada
Outside of Canada	Eligible when more than 50% of the coverage period is spent in Canada. 30-day limit in US.
Home Country	Eligible when participating in a school organized sporting or extra-curricular events.

## 24/7 TRAVEL ASSISTANCE

Outside of Canada, help is just a call away. Travel support through **Cigna Envoy** is available around the clock:

- Outside of the US: 302-797-3535
- Inside of the US: 1-800-243-1348

## VIRTUAL HEALTH CLINIC

The Virtual Health Clinic provides students with 24/7 immediate medical care by video on a mobile phone or computer - **for free.** 

The Virtual Health Clinic offers comprehensive care including:

- Diagnosing illnesses or injuries
- Prescribing medication
- Referring for x-rays and lab tests
- Referring to specialists
- Providing follow up results, referrals and care as needed

## GET ACCESS TO THE VIRTUAL HEALTH CLINIC NOW.

DOWNLOAD THE FREE APP.

- Download Cleveland
   Clinic Express Care app
- 2. Create an account
- 3. Service Key: ACSA

