

Your free international student health and wellness mobile app. Scan the QR Code below to download now and access health insurance, campus services, your plan card and more.













Financial



I.M. Well

#### A free mental health & wellness program

available 24/7 across Canada for students and their dependants.

I.M. Well includes counselling. nutritional and financial coaching, legal advice, cognitive behavioural therapy and more.

Connect with I.M. Well through livechat, video-chat and telephone via the Crisis Support Student VIP mobile app or directly by calling 1-833-398-9040.



Nutritional

cCBT



# **KEY THINGS YOU** SHOULD KNOW **ABOUT YOUR PLAN**

## Who is on the plan?

All International Students studying at Assiniboine College are automatically on the plan and the fee is added to your student account.

# Family coverage

You can opt-in your eligible family members for coverage during the designated Opt-In period online at www.studentvip.ca/ACSA.

An additional fee applies for family coverage.

# Getting your plan card

Will be e-mailed to you and also available on the website for download 24/7. You need to present this card when seeing the doctor to avoid paying out of pocket.

Scan the QR Code to get your card





ASSINIBOINE COLL STUDENTS' ASSOCIAT

FOR INTERNATIONAL STUDENTS ENROLLED AT ASSINIBOINE COLLEGE

Policy Year: 2024-2025

Policy Number: 09401A

POWERED BY:



studentVIP

studentvip.ca/ACSA



1-888-918-5056

info@studentvip.ca

204-725-8710

accsa@assiniboine.net

ACSA Office (Room 413) 1430 Victoria Ave East, Brandon, MB R7A 2A9

www.studentvip.ca/ACSA

Need Help? Use the Live Chat feature on our website

#### VIRTUAL HEALTH CLINIC

The Virtual Health Clinic provides students with immediate medical care through virtual visits with nurse practitioners **for free.** 

The Virtual Health Clinic offers comprehensive care including:

- Diagnosing illnesses or injuries
- Prescribing medication
- Referring for x-rays and lab tests
- Referring to specialists
- Providing follow up results, referrals and care as needed

# What to use the **Virtual Health Clinic for:**

- Sore throat
- Ear infection
- Sinus infection
- Cough
- Cold & Flu
- Rashes
- Birth Control Consultations

- Acne
- Bladder Infections
- Headaches
- Stomach Issues
- Allergies
- Weight
- Sexual Health Advice

And much more!

# GET ACCESS TO THE VIRTUAL HEALTH CLINIC NOW.

DOWNLOAD THE FREE APP.

- 1. Download Cleveland Clinic Express Care
- 2. Create an account
- 3. Service Key: ACSA



### **International Student** Health Plan Summary

100% coverage up to \$5,000,000 CDN per year (unless otherwise stated)

#### This policy covers pre-existing medical conditions

MEDICAL & WELLNESS	
Doctor / Surgeon / Specialist	100% up to \$5,000,000
Hospital - Emergency Room	100% up to \$5,000,000
Hospitalizations/Inpatient	100% up to \$5,000,000
Annual Physical Check-Up	100% up to \$5,000,000
Diagnostic Imaging such as X-rays, MRI, CT Scans	100% up to \$5,000,000
Diagnostic Testing such as lab work	100% up to \$5,000,000
Sexual Health Testing	100% up to \$5,000,000
Acne Consultations	100% up to \$5,000,000
Wart Treatment	100% up to \$500
Eye Exam	100% up to \$100
Prescription Drugs	100% up to a 60-day supply for emergency medications only
Diabetic Supplies	100% up to \$500
Asthma Supplies	100% up to \$500
Immunizations	100% up to \$100 per vaccine
Medical Equipment & Supplies Rental of crutches, wheelchair, splints, canes and more	100% up to \$5,000,000
Eyeglasses / Hearing Aids / Orthotics due to injury	100% up to \$400 per benefit
Leg Brace due to injury	100% up to \$1,000
Home Care Nursing	100% up to \$15,000
Physiotherapist, Chiropractor, Licensed Chiropodist, Massage Therapist, Osteopath, Podiatrist, Acupuncturist, Speech Therapist, or Naturopath, Occupational Therapist	100% up to \$1,000 per licensed & registered practitioner after an injury or illness has occurred

EMERGENCY DENTAL			
Accidental Dental	Emergency Pain Relief	Wisdom Tooth Extraction	
100% up to \$4,000	100% up to \$1,000	100% up to \$100 / tooth	

This is a summary of coverage only. Additional benefits are available in the policy found online including limits and exclusions. If there are discrepancies between this document and the Policy, the Policy shall govern.

PREGNANCY & MATERNITY		
Benefits are covered 100% up to \$25,000 combined		
Maternity	Visits to the doctor, ultrasounds and other pre-natal medical care. Only eligible if pregnancy has commenced within 30 days of the policy start date.	
Miscarriage	Visits to the doctor or hospital if you suffer from a pregnancy miscarriage.	

MENTAL HEALTH	
Psychologist, Psychiatrist and Psychotherapist (including trauma counselling)	100% up to \$10,000 (lifetime)
	Due to an emergent condition and/or physician referral
Hospitalization	100% up to \$60,000 (lifetime)
nospitalization	Due to a mental health issue or disorder
Inpatient Psychiatry	100% up to \$60,000 (lifetime)
	Due to a mental health issue or disorder
Social Worker	100% up to \$500

	TRANSPORTATION			
Ambulance	Air Ambulance	Taxi or Uber in lieu of ambulance	Repatriation	Emergency Family Travel
100% up to \$10,000	100% up to \$300,000	100% up to \$125	100% up to \$20,000	100% up to \$5,000

TRAVEL		
Within Canada	Your coverage is active anywhere in Canada.	
Outside of Canada	Coverage outside of Canada is subject to 120 days. Home Country 30 days and only for academic related purposes.	

ACCIDENT		
Accidental Death	100% up to \$50,000	
Tutorial Services	100% \$20hr/\$400 max	
Common Carrier Death	100% up to \$100,000	
Corrective device defect, theft or malfunction	100% up to \$1,000	



# WANT MORE INFORMATION ABOUT YOUR COVERAGE?

**Scan the QR Code** to learn more about your coverage