

What are your Student Health & Dental Benefits?

Prescription Drug, Extended Health, Dental, Accident and Travel coverage that fills the gaps in your provincial health care. Built specifically for you by the Assiniboine College Students' Association.

Eligibility & Pricing

All full-time undergraduate students under age 70 who are enrolled in a minimum of 18 credits in the Fall term, Winter Term and/or Spring term are automatically enrolled in the ACSA Health and Dental Plan, and assessed the fee of \$248.00. Please note there are eligibility exceptions.

For more info or to opt-in dependants, please visit: studentvip.ca/ACSA

Already have coverage?

Great! You can opt-out during the designated opt-out period at studentvip.ca/ACSA

Keep in Mind:

You can combine both plans to get up to 100% coverage. Your alternative insurance may not be as comprehensive, or it may stop covering you if you are a part-time student over 21, or full-time student over 25.

When can I Opt-In/Out?

Fall Opt-In/Opt-Out: September 8 - October 8, 2025

Winter Opt-In/Opt-Out: January 12 - February 12, 2026

Spring Opt-In/Opt-Out: May 11 - June 11, 2026



I.M. Well

I.M. Well is a free mental health and wellness program available 24/7 across Canada for students and their dependants.

I.M. Well includes counselling, nutritional and financial coaching, legal advice, cognitive behavioural therapy and more. Counselling is available in over 180 languages.

Connect with I.M. Well through live-chat, video-chat and telephone via the Student VIP mobile app or directly by calling **1-833-398-9040**.

Use the QR Code below to
Download Now



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App Store
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ACSA

ASSINIBOINE COLLEGE
STUDENTS' ASSOCIATION

Your Student Health & Dental Benefits

HEALTH & DENTAL BENEFITS BY MEDAVIE BLUE CROSS™

POLICY NUMBER: 0091932000

POWERED BY:



studentvip.ca/ACSA

2025-2026

studentvip.ca/ACSA

Need Help? Use the Live Chat feature on our website

Get your money faster!

Download the **FREE** Medavie Mobile App today!

- Submit claims
- Check your account balance
- Find a health professional
- Add Direct Deposit information for immediate reimbursement



Dental Coverage

Your Benefits give you plenty of reasons to smile. Your coverage includes exams, cleanings, fillings, root canal therapy, extractions, anesthesia, and more!

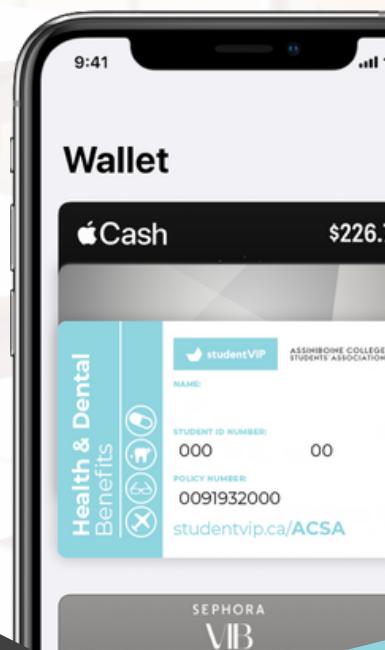
For direct billing, make sure you have your benefits card with you.

Travel Coverage

Your Health & Dental Plan provides up to 365 days of worldwide medical coverage. Explore your plan, so you can explore the world with peace of mind.

**YOUR
BENEFITS
CARD IS
WITH YOU
WHEREVER
YOU GO!**

Scan the QR code to download your Health & Dental Benefits card to your Apple or Google Wallet.



Your Student

Health & Dental Plan Highlights

For complete benefits information, visit studentvip.ca/ACSA
Only health, dental & accident costs incurred in Canada are eligible for coverage.

PRESCRIPTION MEDICATION

Prescription Drug Maximum of \$3,000/Benefit Year/Insured		
	Generic Medication	Brand Name Medication
Direct2U Prescriptions, MedSafe Pharmacy (Brandon), Super Thrifty Pharmacy (Dauphin)	100%	80%
Dispensing Fee: 100% of any amount up to \$7		
All Other Pharmacies	80%	60%
Dispensing Fee: 100% of any amount up to \$4		

EXTENDED HEALTH COVERAGE

Clinical Counsellor, Psychologist, Psychotherapist, Registered Psychiatric Nurse, Social Worker (MSW), Speech Therapist**	100%	\$400/Visit \$800 Combined Maximum/Benefit Year **No per visit maximum with a Speech Therapist
Acupuncturist Chiropractor Chiropodist Dietitian Naturopath Osteopath Physiotherapist* Podiatrist Registered Massage Therapist*	100%	\$30/Visit \$300/Practitioner/Benefit Year *Prescription required for first Physiotherapist and RMT claim submission
Custom Foot Orthotics, Orthopedic Shoes	100%	\$250 Combined Maximum/Benefit Year

VISION COVERAGE

Eye Exams, Contacts, Frames and Lenses	100%	\$200 Combined/24 Months
Overall Maximum \$10,000/Benefit Year/Insured for Prescription Drugs, Extended Health and Vision care		

DENTAL COVERAGE

Dental Maximum of \$750/Benefit Year/Insured		
Examinations, Preventative, Radiographs Cleanings, Polishing, X-Rays	80%	Recall Exams - 1 Exam/12 Months
Minor Restorative Fillings		
Endodontics		
Periodontics Excess Scaling	50%	Scaling in excess of 2 Units, Maximum of 8 Units/Benefit Year
Anesthesia, Denture Services, Extractions Removal of Teeth		Includes Wisdom Tooth Extractions

ACCIDENT & LIFE COVERAGE

\$5,000 Maximum/Benefit Year/Insured

TRAVEL COVERAGE

365 Days*, \$2 Million/Incident, Lost Baggage Coverage \$500/Insured/Trip,

Trip Cancellation Coverage \$5,000/Insured/Trip

*If provincial health care or private insurance (international students) is in force for entire trip duration



What do *you* need
help with
today?

Explore a suite of virtual
health & wellness services
available across Canada.

Visit the Direct2U Virtual Health Hub today.

Prescription Medication

Your benefits make it quick and easy to get your prescription medication. Bring your prescription and your benefits card to Rexall, MedSafe or Super Thrifty to take advantage of discounted prescription prices and dispensing fees.



GENERIC DRUG COVERAGE:

Direct2U Prescriptions / MedSafe / Super Thrifty	100%
Other Pharmacies	80%

BRAND NAME DRUG COVERAGE:

Direct2U Prescriptions / MedSafe / Super Thrifty	80%
Other Pharmacies	60%

Where can I use my health plan?

Find providers in your area that offer student discounts using the Provider Search Tool.

Visit studentvip.ca/ACSA and choose your location and desired service.



**WANT MORE
INFORMATION ABOUT
YOUR COVERAGE?**

Scan the QR Code

to learn more details about your coverage, or talk to our plan experts.

This is a summary of coverage only. Additional information is available in the policy found online, including limits and exclusions. Should there be discrepancies between this document and the Policy, the Policy shall govern.