

What are your Student Health & Dental Benefits?

Prescription Drug, Extended Health, Dental, Accident and Travel coverage that fills the gaps in your provincial health care. Built specifically for you by the University of Lethbridge Students' Union.

Eligibility & Pricing

All full-time students at the University of Lethbridge are automatically enrolled in the ULSU Health and Dental Plan. Please note that there are eligibility exceptions.

If eligible, your Health & Dental Benefits fee is automatically included in your tuition. \$396.68 covers a single student from September 1, 2025 - August 31, 2026.

For more info or to opt-in dependants, please visit: studentvip.ca/ULSU

Already have coverage?

Great! You can opt-out during the designated opt-out period at studentvip.ca/ULSU

Keep in Mind:

You can combine both plans to get up to 100% coverage. Your alternative insurance may not be as comprehensive, or it may stop covering you if you are a part-time student over 21, or full-time student over 25.

When can I opt-in/out?

Fall Opt-In/Opt-Out: July 26 - September 26, 2025

Winter Opt-In/Opt-Out: November 26 - January 24, 2026

How to make a claim

Saving money and making a claim has never been easier when using the Medavie Blue Cross Mobile App or the Medavie Blue Cross Portal.

HOW TO REGISTER:

1. Visit studentvip.ca/ULSU and click on the 'Blue Cross Portal' button.
2. Read the instructions and click on the 'Access Portal' button at the bottom.
3. Click on the 'Register' button which can be found below the login button.
4. Enter your information
5. Click 'Create Your Account'. Once you've registered, you will be sent an email to activate your account.



Your Student Health & Dental Benefits

HEALTH & DENTAL BENEFITS BY MEDAVIE BLUE CROSS™

POLICY YEAR: 2025-2026

POLICY NUMBER: 0091941000

POWERED BY:



STUDENTVIP.CA/ULSU



info@studentvip.ca



su.health@uleth.ca



1-888-918-5056



403-329-2039



ULSU Health Plan Office SU180 - Students' Union
Office 4401 University Drive Lethbridge, AB

studentvip.ca/ULSU

Need Help? Use the Live Chat feature on our website

Get your money faster!

Download the **FREE** Medavie Blue Cross App today!

- Submit claims
- Check your account balance
- Find a health professional
- Add Direct Deposit information for immediate reimbursement



Dental Coverage

Your Benefits give you plenty of reasons to smile. Your coverage includes exams, cleanings, fillings, root canal therapy, extractions, anesthesia, and more!

For direct billing, make sure you have your benefits card with you.

Travel Coverage

Your Health & Dental Plan provides up to 365 days of worldwide medical coverage. Explore your plan, so you can explore the world with peace of mind.

YOUR BENEFITS CARD IS WITH YOU WHEREVER YOU GO!

Scan the QR code to download your Health & Dental Benefits card to Apple or Google Wallet.



Your Student

Health & Dental Plan Highlights

For complete benefits information, visit studentvip.ca/ULSU
Only health, dental & accident costs incurred in Canada are eligible for coverage.

PRESCRIPTION MEDICATION		
Overall Drug Maximum \$3,000/Benefit Year		
	Tier 1	Tier 2
Direct2U Prescriptions	85%	65%
All Other Pharmacies	50%	50%
Dispensing Fee: 100% of any amount up to \$5		

PRACTITIONER COVERAGE		
Acupuncturist, Chiropracist, Chiropractor, Naturopath, Osteopath, Physiotherapist, Podiatrist, Registered Massage Therapist*, Speech Therapist	80%	\$45/Visit Maximum \$1,000 Combined/Benefit Year *Prescription required for first RMT claim each benefit year
Psychologist, Psychotherapist, Social Worker (MSW)		\$700 Combined/Benefit Year
Orthotic Appliances & Orthopaedic Shoes		\$250 Combined/Benefit Year
VISION COVERAGE		
Eye Exams, Contacts, Frames, Lenses	80%	\$225 Combined/24 Months
Maximum \$3,000/Benefit Year/Insured for Prescription Drugs, Extended Health and Vision care		

DENTAL COVERAGE		
Dental Maximum of \$1000/Benefit Year/Insured		
Examinations, Preventative, Radiographs Cleanings, Polishing, X-Rays	60%	Recall Exams - 1 Exam/12 Months
Minor Restorative Fillings		
Endodontics Root Canal Therapy	50%	
Periodontics Excess Scaling		
Extractions Removal of Teeth		

ACCIDENT & LIFE COVERAGE		
\$7,500 Maximum/Benefit Year/Insured		

TRAVEL COVERAGE		
365 Days*, \$2 Million/Incident, Lost Baggage Coverage \$500/Insured/Trip, Trip Cancellation Coverage \$5,000/Insured/Trip *If provincial health care or private insurance (international students) is in force for entire trip duration		



What do *you* need help with today?

Explore a suite of virtual health & wellness services available across Canada.

Visit the Direct2U Virtual Health Hub today.

Prescription Medication



Your benefits make it quick and easy to get your prescription medication.

By using Direct2U Prescriptions, you can take advantage of extra savings and free delivery right to campus and across Canada.

TIER 1 COVERAGE:

Direct2U Prescriptions	85%
Other Pharmacies	50%

TIER 2 COVERAGE:

Direct2U Prescriptions	65%
Other Pharmacies	50%

Where can I use my health plan?

Find providers in your area that offer student discounts using the Provider Search Tool. Visit studentvip.ca/ULSU and choose your location and desired service.

Your coverage works all across Canada!

WANT MORE INFORMATION ABOUT YOUR COVERAGE?

Scan the QR Code to learn more details about your coverage, or talk to our plan experts.

This is a summary of coverage only.



Additional information is available in the policy found online, including limits and exclusions. Should there be discrepancies between this document and the Policy, the Policy shall govern.