



COMPANION PLAN

Keeping you *insured* while you travel.

WHAT IS THE COMPANION PLAN?

The Companion Plan provides 31 days of travel coverage outside the province of Nova Scotia.

WHAT DOES IT COVER?

It provides emergency medical insurance for things like visiting the doctor, emergency visits to the hospital, and emergency transportation.

WHY DO YOU HAVE IT?

When you opt out (cancel) your international health plan with MSI, this plan is mandatory.

MSI does **NOT** cover you outside of Nova Scotia, therefore the Companion Plan provides you coverage when you travel.

HOW MUCH DOES IT COST?

A one-time fee of \$41.00.

WILL I GET A COMPANION PLAN TRAVEL CARD?

Yes, when your opt-out is processed a Companion Plan card will be emailed to you. You can also get your Companion Plan card online anytime at www.internationalhealth.ca/nscad.



KEEP IN MIND:

- Always **call in** before seeking any major medical services or going to the hospital. If you do not call in advance, coverage cannot be guaranteed and coverage may be reduced.
- If you go to the hospital, please call or have someone call on your behalf **within 48 hours**.
- Always review your benefits. You can find a breakdown of your benefits at:

▶ internationalhealth.ca/nscad

CALL FIRST: (ASSISTANCE AVAILABLE 24/7)

In Canada & U.S.A.:

1-800-563-4444

Outside of Canada & U.S.A. *(call-collect):*

1-506-854-2222

For coverage or claim inquiries, please email:
travel.claims@medavie.bluecross.ca

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